



# ROLE PROFILE

## Sessional Youth Worker (Gym)



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## POST:

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## SALARY:

Age related NMW

## LOCATION:

Warrington (Dallam Lane)

## REPORTING TO:

Sports Manager

## CONTRACT:

Permanent: Part Time – hours of work can vary including evenings, weekends and Bank Holidays

## BENEFITS:

- Pension contribution of 3% when applicable
- Equivalent of 33 days holiday pro-rated for hours worked
- Free on site Gym access outside of session times.
- Access to OnSide's Talent Academy, which includes bespoke training and mentoring



## ABOUT ONSIDE

OnSide is about opportunity. Potential exists in every young person, in every community. What makes the difference is access to opportunity.

OnSide is a national charity that believes all young people deserve the chance to discover their passion and purpose and to explore where their potential could take them. OnSide fund and build state of the art Youth Zones in some of the country's most economically disadvantaged areas, while training and supporting the skilled teams who run them.

Youth Zones are vibrant, purpose built spaces packed with inspiring facilities and led by dedicated youth workers who believe in young people. They help young people build confidence, ambition and skills, giving them the belief to aim high and thrive.

This is life-changing support that creates real opportunity for thousands of young people from all backgrounds.

## WARRINGTON YOUTH ZONE

Warrington Youth Zone builds on the proud history, values and legacy of Warrington Youth Club, which has supported young people in the town for nearly 100 years.

Originally founded in 1930 as Warrington Boys Club by a group of parents concerned about their sons after school, the club was formally established in 1935 as part of the national Boys Club movement. The organisation later moved to a purpose built home on Rodney Street, officially opened by Princess Margaret in 1950, where it served generations of young people for the next 50 years.

As the building aged, the Club relocated to the Peace Centre in 2000 through a partnership with the Tim Parry Jonathan Ball Foundation for Peace and the NSPCC. In 2003, the charity became Warrington Youth Club, benefiting from the centre's great facilities for the next two decades.

Since 2009, Warrington Youth Club has worked with OnSide, Warrington Borough Council and local partners to bring a Youth Zone to the town. After many years in development, planning consent was granted for Warrington Youth Zone be built on Dallam Lane, close to both the University Technical College and Rodney Street - bringing the organisation's story full circle.

Opening our doors in July 2022, Warrington Youth Zone has become the new home and evolution of Warrington Youth Club. We believe in 'Inspiring young people to achieve'. We exist to support young people's development, offering opportunities to gain, increase and develop skills, knowledge, self awareness and confidence. Enabling them to make positive and healthy life choices through our wide range of programmes aimed at different age groups.

### THE ROLE

Within the Sports Team, we are looking for talented gym enthusiasts to become part of a team with a wide range of skills, who are also passionate about working with young people. This role offers a fantastic opportunity to make a positive impact on young people's lives through the power of sport and gym. If you are enthusiastic, dedicated, and ready to inspire the next generation, we would love to hear from you!

Sport is at the heart of Warrington Youth Zone's offer to young people. The Sports offer is wide ranging and as a member of the Sports team, you will be key in ensuring young people have access to an exciting and engaging programme of multi-disciplinary activities that will be challenging, stimulating, fun, engaging and developmental.

This role is 100% face-to-face delivery with young people, and you will work directly with young people to plan, lead and

deliver safe, fun and structured gym sessions within Warrington Youth Zone, which are progressive and reflect the needs of young people.

### WHAT SUCCESS WILL LOOK LIKE

The successful candidate, in the first 12 months, will have:

- Supported the Youth Zone activities and events to achieve 1500 visits by young people a week, inspired by the continually changing & vibrant offer
- Collaborated with the wider delivery team to ensure that a vibrant and inclusive development programme is executed on every session,
- Have worked together to build a strong team within the gym to offer the young people of Warrington Youth Zone what they would want from a gym.
- Working within and living the Values of Warrington Youth Zone where Young people are at the heart of everything we want to achieve.
- Ensure volunteer & young leaders are well managed & supported on each session they are with you.



## KEY RESPONSIBILITIES

- To contribute to a gym programme that is high quality and meets the needs of the young people, including young people with additional needs and young people who typically do not engage in sports
- To support a gym programme that contributes to the wider youth work agenda, supporting the development of young people.
- To confidently manage and establish positive relationships with groups of young people.
- To compile all monitoring information required to deliver impact statistics, encourage feedback from young people who are taking part in activities in order to share this with the team.
- To manage and maintain member PAR-Q (Physical Activity Readiness Questionnaire) records, ensuring forms are completed, reviewed and stored appropriately, with any relevant concerns escalated in line with organisational procedures.
- To maintain current knowledge of relevant National Governing Body programmes, policies and practices.
- To work with young people from a range of backgrounds and with a range of needs.
- Effectively communicate at all levels, orally and in writing.
- To work alongside other team members and provide guidance and support to young leaders and volunteers.
- To attend regular training and development sessions and events where required.
- To deliver leadership awards to young people and co-ordinate volunteering opportunities in sports/fitness activities.
- To encourage attendance in sports/fitness activities, particularly by young people who do not usually participate in sport/fitness activities
- To assist in identifying talented young people and encourage further development.
- To actively promote the Youth Zone and positively contribute towards increasing Youth Zone membership
- To promote cultural cohesion and inclusion. Proactively challenging prejudice and discrimination
- To assist with any promotional activities and visits that take place at the Youth Zone and the wider community.
- Be a Role model for young people and present a positive 'can do' attitude.
- Take personal responsibility for own actions and commit to a culture of continuous improvement
- Work within the performance framework of Warrington Youth Zone.
- Comply with all policies and procedures with particular reference to safeguarding, codes of conduct, health and safety, equality and diversity to ensure all activities are safe and accessible.
- To be alert to issues of safeguarding/child protection in line with Warrington Youth Zone's policies. Ensuring the welfare and safety of Youth Zone members is promoted and Safeguarded reporting any child protection concerns to the Designated Safeguarding Lead (DSL).
- Any other duties which may reasonably be required.

## PERSON SPECIFICATION

Applicants will be expected to demonstrate the experience, skills, abilities and attributes listed.

| SELECTION CRITERIA                                                                                                                                        | REQUIREMENT |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|
| <b>EXPERIENCE</b>                                                                                                                                         |             |
| Working with groups of young people aged 7 to 19 or up to 25 with additional needs.                                                                       | Essential   |
| Previous experience of working within a gym environment.                                                                                                  | Essential   |
| First hand knowledge of working with young people from diverse backgrounds including with challenging needs..                                             | Essential   |
| First hand knowledge of working with young people with additional need.                                                                                   | Desirable   |
| Ability to deliver events and competitions                                                                                                                | Desirable   |
| <b>SKILLS, KNOWLEDGE AND ATTRIBUTES</b>                                                                                                                   |             |
| Delivery of high quality gym programmes with young people who face social exclusion, disadvantages and disaffection with the ability to manage this group | Essential   |
| Ability to plan, create and evaluate interesting and fun sessions/programmes of activity in the gym for young people of all ages and ability.             | Essential   |
| Proven track record of working as part of a team while using own initiative.                                                                              | Essential   |
| Effective communication techniques with young people, parents, team members and member of the public.                                                     | Essential   |
| Proven ability to manage and administer PAR-Q forms                                                                                                       | Essential   |
| Understand the principles of working with young people, the issues affecting their lives and knowledge of their needs.                                    | Desirable   |
| Proven ability to coach, encourage, motivate and provide reliable support to young people.                                                                | Essential   |
| Understanding of the need for Health and Safety, Equity and Diversity and Safeguarding.                                                                   | Essential   |
| Basic knowledge of sports pathways.                                                                                                                       | Desirable   |
| <b>QUALIFICATIONS</b>                                                                                                                                     |             |
| Minimum of level 2 fitness/gym instructing certificate                                                                                                    | Essential   |
| GCSE or equivalent for literacy and numeracy                                                                                                              | Essential   |
| Evidence of ongoing professional development                                                                                                              | Desirable   |
| First Aid Qualification                                                                                                                                   | Desirable   |
| <b>SPECIAL REQUIREMENTS</b>                                                                                                                               |             |
| A willingness to work unsociable hours including evenings, weekends and Bank Holidays                                                                     | Essential   |
| A willingness to cover events, holidays and staff absence                                                                                                 | Essential   |
| DBS clearance and committed to Safeguarding children                                                                                                      | Essential   |

## GENERAL INFORMATION

If you would like to discuss any aspect of this role prior to applying, please contact Holly Evans, Sports Manager with any questions you have at [holly.evans@wyz.org.uk](mailto:holly.evans@wyz.org.uk). We are committed to equity in our recruitment processes and will be happy to discuss any reasonable adjustments you may require to meet the needs of recruiting for this role.

## APPLICATION PROCESS

To apply, please complete the application form and return to [recruitment@wyz.org.uk](mailto:recruitment@wyz.org.uk) or apply via the website at [Vacancies - Warrington Youth Zone](#). In addition, please let us know of any reasonable adjustments we can make to assist you in your application or the selection process.

**In accordance with our Child Protection and Safeguarding procedures, this position requires an Enhanced DBS check.**

For information regarding how Warrington Youth Zone processes your data, go to [Privacy Policy - Warrington Youth Zone](#)

**CLOSING DATE FOR APPLICATIONS:**  
20/09/2026

**INTERVIEW OVERVIEW:**  
Interviews will be conducted in person once suitable applications have been received

