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Sessional & Part Time Youth Worker & Activity Leads

Sport Youth Worker:

Gym & Fitness Lead

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## POST:

Gym & Fitness Lead

## SALARY:

£10.00 *p.h - £10.45 p.h*

## LOCATION:

Warrington (Dalham Lane)

**REPORTING TO:**

Youth Clubs Managers & Coordinators

## CONTRACT:

Permanent: Part time from 8 to 24 hours a week

BENEFITS:

5% matched contribution pension; 33 days holiday inclusive of Bank Holidays (rising with length of service)

THE PERSON:

Do you love sport and fitness and are you passionate about the role that fitness and physical training can play in changing young people’s lives? Are you passionate about giving young people in Warrington a healthy and positive future? Are you happy coaching and teaching young people? Do you want to use your skills knowledge and passion to enable young people to have somewhere to go, something to do and someone to talk to? Are you interested in joining focusing on providing better opportunities and outcomes for young people? Are interested in beginning or continuing your career in Youth Work and access the training and development we can provide?

**WARRINGTON YOUTH ZONE**

Opening in Spring 2022 Warrington Youth Zone will become the new home and evolution of Warrington Youth Club (WYC). WYC was formed in 1930 by a group of parents who were concerned that their children were getting into trouble after school. Over the following five years the group developed into Warrington Boys Club. Warrington Youth Club today is a well-established charity which delivers an open

access Youth Club four nights a week at The Peace Centre, a satellite gym 7 days a week in Warrington Town Centre as well as a wide range of successful

targeted projects including mentoring, employability, and National Citizenship Service (NCS).

In 2008, the Board of WYC, recognising the need for WYC to modernise and evolve and find more permanent locations for its services (currently scattered over multiple locations), began

working closely with OnSide and Warrington Borough Council to explore the potential for a new Youth Zone, a central facility within Warrington which will allow the youth offer to be extended to 7 days each week and attract young people from across Warrington. Whilst providing a base for the many successful and changing targeted projects Warrington Youth Club deliver to local young people. Warrington Youth Club/Zone is part of the OnSide Network.

Warrington has a population of 210,000 people, 32,000 of whom fall within the target age for a Youth Zone (7 – 19 or up to 25 for those with a disability or vulnerability). There is currently no universal youth

provision for young people in Warrington available 365 days a year and Warrington Youth Club is the largest children and young people’s organisation in the town with over 4000 members.

Warrington Youth Club has a long history in helping young people in this area and is well networked into the Voluntary, Statutory, Faith and Private sectors across the Borough. The multi-agency links that Warrington Youth Club has developed will ensure that the new Youth Zone is accessible to a broad range of groups who support children and young people across

Warrington.

Warrington Youth Zone will be dedicated to young people and makes a bold statement about the importance of giving young people high quality places to go in their leisure time. Open 7 days a week including school holidays, the Youth Zone’s purpose is to help young people grow to be happy, healthy and successful adults.

The state-of-the-art £7.05 million building will

provide young people with facilities that are second to none delivering over 20 sporting, artistic, cultural and general recreational activities each session. Offering young people the opportunity to try new things, meet new friends and gain support from friendly, warm and positive staff and volunteers.

With every workout or kickabout, every mock interview or muck around with mates, young people develop the resilience to face challenges and the skills to solve problems. They find confidence to aim high and the determination to become who they want to be. They build positive relationships based on being given the space to talk, an understanding of their own self-worth, and a sense of belonging to something bigger. That is why Warrington Youth Zone won’t just be a place to go – but a place to grow. That is the power of exceptional youth work.

**THE ROLE**

We are recruiting a dives team of sessional youth workers, activity leads, coaches and support staff to deliver an exciting programme of activities, support and development to young people ranging.

Sports, along with the Arts and Youth Work, is at the heart of Warrington Youth Zones offer to young people. The sports offer will be wide ranging and as a member of the Sports team, you will be key in ensuring young people have access to an exciting and engaging programme of multi-disciplinary activities that will be challenging, stimulating, fun, engaging and developmental. You will have access to our new gym, equipped with cardio and resistance equipment, weight-lifting facilities, and a functional area. You will be involved in teaching the fundamentals gym use and fitness, running fitness classes in line with your skills, as well as facilitating taster sessions and competitions, which engage young people and build their skills and fitness levels.

Within the Sports Team, we are looking for talented sports and fitness coaches to become part of a team with a wide range of skills, who are also passionate about working with young people. Ideally, you will have experience, or one or more coaching qualifications, such as Level 2 NGB including Level 2 Gym Instruction or above. We are also looking applicants with Level 2 Certificate in Coaching Weightlifting

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| **KEY RESPONSIBILITIES** |
| * To work directly with young people to plan, lead and deliver safe, fun and structured sports / fitness sessions within Warrington Youth Zone, which are progressive and reflect the needs of young people |
| * The role is 100% face to face delivery with young people |
| * To contribute to a sports / fitness programme that is high quality and meets the needs of the young people, including young people with additional needs and young people who typically don’t engage in sports |
| * To support a sports / fitness programme that contributes to the wider youth work agenda, supporting the development of young people |
| * To confidently manage and establish positive relationships with groups of young people |
| * To compile all monitoring information required to deliver impact statistics and encourage feedback from young people taking part in activities to share this with the team. |
| * To work with young people from a range of backgrounds and with a range of needs |
| * Effectively communicate at all levels, orally and in writing |
| * To work alongside other team members and provide guidance and support to young leaders and volunteers |
| * To attend regular training and development sessions and events where required |
| * To deliver leadership awards to young people and co-ordinate volunteering opportunities in sports / fitness activities |
| * To encourage attendance in sports / fitness activities, particularly by young people who do not usually participate in sport / fitness activities |
| * To assist in identifying talented young people and encourage further development |
| * To maintain current knowledge of relevant National Governing Body programmes, policies and practices |
| * To promote cultural cohesion and inclusion and proactively challenge any prejudice and discrimination |
| * To assist with any promotional activities and visits that take place at the Youth Zone |
| * Be a role model for young people and present a positive “can do” attitude |
| * Take personal responsibility for own actions |
| * Commit to a culture of continuous improvement |
| * Work within the performance framework of Warrington Youth Zone and OnSide |
| * Comply with all policies and procedures, with particular reference to safeguarding, codes of conduct health and safety and equality and diversity to ensure all activities are accessible |
| * To be alert to issues of safeguarding and child protection, ensuring the welfare and safety of Youth Zone members is promoted and safeguarded, and to report any child protection concerns to the designated Safeguarding Lead using the safeguarding policies, procedures and practice (training to be provided) |
| * Represent Warrington Youth Zone positively and effectively in all dealings with internal colleagues, and external partners |
| * To actively promote the Youth Zone and positively contribute towards increasing Youth Zone membership |
| * Any other duties as may reasonably be required |

# PERSON SPECIFICATION

Applicants will be expected to demonstrate the experience, skills, abilities and attributes listed.

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| **SELECTION CRITERIA** | **REQUIREMENT** |
| **EXPERIENCE** |  |
| Experience of working with groups of young people aged 8 to 19, or up to age 25 with additional needs | Essential |
| Experience of working with young people from diverse backgrounds and with challenging needs | Essential |
| Experience of delivering a wide range of sports or activity sessions | Essential |
| Experience of team working and alongside volunteers | Essential |
| Experience of delivering events and competitions | Desirable |
| Experience of working with young people with additional needs | Desirable |
| **SKILLS, KNOWLEDGE AND ATTRIBUTES** |  |
| Ability to deliver high quality fitness programmes with young people who face social exclusion, disadvantage and disaffection and manage such a group | Essential |
| Ability to plan and create interesting & fun sessions for young people | Essential |
| Able to work as part of a team and under own initiative | Essential |
| Able to support the planning and evaluation of programs of activity including production of session plans and program reports | Essential |
| Able to communicate effectively with young people, parents, team members and members of the public | Essential |
| Able to deliver within an equal opportunity’s framework | Essential |
| Ability to engage and build positive relationships with young people including disengaged and disadvantaged young people | Essential |
| Ability to coach, encourage, motivate and provide reliable support to young people | Essential |
| Understand the principles of working with young people, the issues affecting their lives and knowledge of their needs | Essential |
| Knowledge of health and safety, diversity awareness and safeguarding best practice | Essential |
| Basic knowledge of sports pathways | Desirable |
| **QUALIFICATIONS** |  |
| Level 2 Gym Instructing or above | Essential |
| GCSE or equivalent literacy and numeracy | Desirable |
| Evidence of ongoing professional development | Desirable |
| First Aid Qualification | Desirable |
| Level 2 Certificate in Coaching Weightlifting | Desirable |
| **SPECIAL REQUIREMENTS** |  |
| A willingness to work unsociable hours | Essential |
| A willingness to cover events, holidays and staff absence | Essential |
| Enhanced DBS clearance. Commitment to Safeguarding children | Essential |

# GENERAL INFORMATION

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# APPLICATION PROCESS

To apply, please complete the application from (<https://warringtonyouthzone.org/get-involved/vacancies/>) & return to [recruitment@warringtonyouthclub.co.uk](mailto:recruitment@warringtonyouthclub.co.uk)

In addition, please let us know of any reasonable adjustments we can make to assist you in your application or the selection process.

In accordance with our Child Protection and Safeguarding procedures, this position requires an Enhanced DBS check.

For information regarding how Warrington Youth Zone processes your data, go to <https://warringtonyouthzone.org/privacy-policy/>

## CLOSING DATE FOR APPLICATIONS:

Warrington Youth Zone will begin training and induction of our sessional team in March 2022.

**Recruitment is ongoing, and we will process & interview applications as they are received.**

**Our next assessment & interview day will be on Saturday 12th March 2022, please apply in advance of this date to secure an interview.**

**The strength of OnSide comes from the diversity of the people within our vibrant network. We are proud that our Youth Zone teams reflect the communities they serve, and we value people working together from a range of different backgrounds, locally and nationally, and with different experiences, all with a shared passion for boosting the aspirations of young people across the country. Diversity brings innovation, fresh ideas and creativity, and we actively strive to create a culture that is truly inclusive and fair for all and where everyone in the team can be themselves and thrive.**

ONSIDE YOUTH ZONES

**NETWORK VALUES**

**EXCELLENCE**

**FIRST**

**PEOPLE**

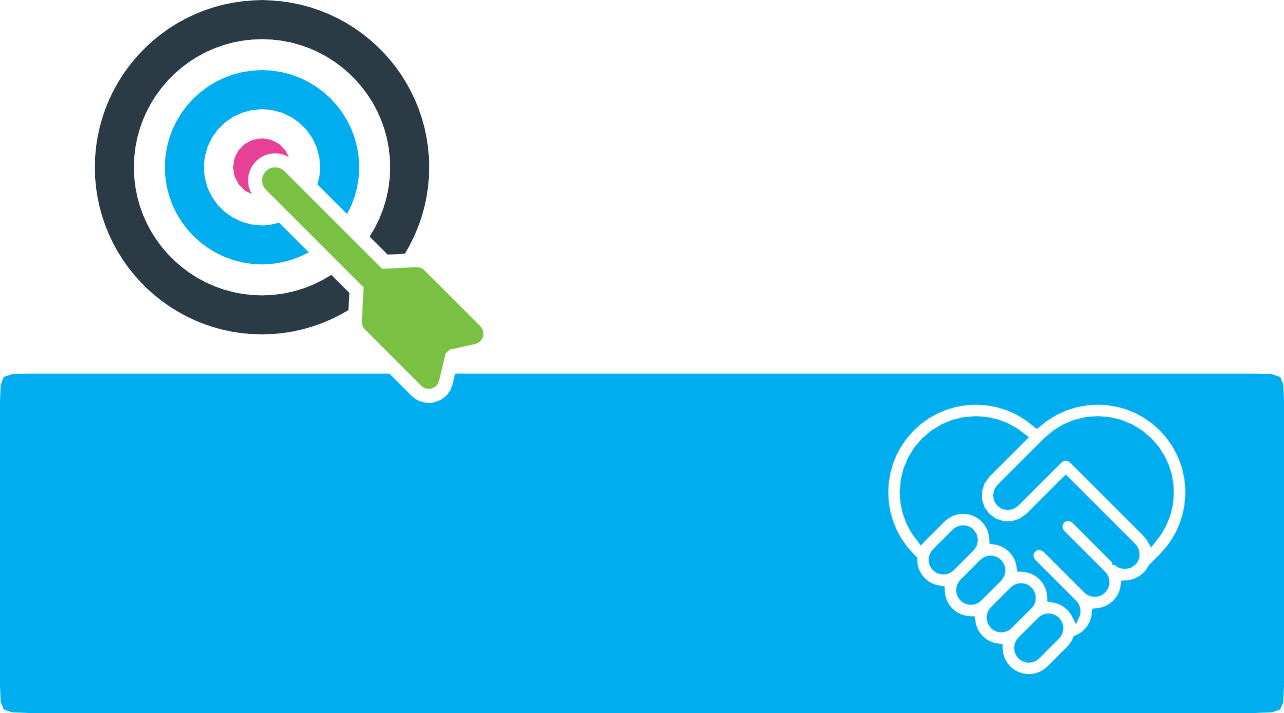
**YOUNG**

Young people are at the heart of everything we do, inspiring and challenging us to deliver services that exceed their needs and challenge them to be the best they can be.

We encourage ourselves and each other to be the best we can be through continuous learning and improvement, and a focus on finding solutions.

**RESPECT**

We act with honesty and integrity, celebrating diversity across the whole organisation and caring about each other, our young people and the Youth Zone environment.



**AMBITIOUS**

We are passionate and driven in taking on new challenges, embracing new ideas, and exceeding our ambitions for young people, the Youth Zones and our local communities.

**COLLABORATIVE**

We will create and nurture strong, creative partnerships, working together to achieve better results and outcomes for young people.



6